

| | | 14th April to the 20th April | | | | | | | | | | | | | | |
|----------|-----------|------------------------------|-----------|-----------|------------|-------------|-------------|------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| | | 6am - 7am | 7am - 8am | 8am - 9am | 9am - 10am | 10am - 11am | 11am - 12pm | 12pm - 1pm | 1pm - 2pm | 2pm - 3pm | 3pm - 4pm | 4pm - 5pm | 5pm - 6pm | 6pm - 7pm | 7pm - 8pm | 8pm - 9pm |
| 50m Pool | Monday | 6* | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 6* | 6* | 6* | 9 | 0 |
| | Tuesday | 9 | 9 | 6 | 6 | 6 | 6 | 6 | 6 | 6 | 9 | 5* | 5* | 5* | 9 | 0 |
| | Wednesday | 6* | 9 | 9 | 6 | 6 | 6 | 6 | 6 | 6 | 9 | 8* | 8* | 8* | 9 | 0 |
| | Thursday | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 5* | 5* | 5* | 9 | 0 |
| | Friday | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| | Saturday | 0 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 0 |
| | Sunday | 0 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 0 |

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|----------|-----------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 25m Pool | Monday | 6 | 6 | 4 | 6 | 4 | 4 | 6 | 6 | 6 | 2 | 2 | 2 | 2 | 0 | 0 |
| | Tuesday | 6 | 6 | 4 | 6 | 4 | 4 | 6 | 6 | 6 | 2 | 2 | 2 | 2 | 0 | 0 |
| | Wednesday | 6 | 6 | 4 | 6 | 6 | 6 | 6 | 6 | 6 | 2 | 2 | 2 | 2 | 0 | 0 |
| | Thursday | 6 | 6 | 6 | 6 | 4 | 4 | 6 | 6 | 6 | 2 | 2 | 2 | 2 | 0 | 0 |
| | Friday | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| | Saturday | 0 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 6 | 0 | 0 |
| | Sunday | 0 | 2 | 2 | 2 | 2 | 2 | 2 | 6 | 6 | 6 | 2 | 2 | 6 | 0 | 0 |

*Lap lane availability is subject to change due to last minute bookings

**Lap lane swimming in the Water polo pool will be available in the occasion that these is limited lane availability

| | |
|--|----------------------|
| | All Availability |
| | Limited Availability |
| | No Availability |